



WELCOME
TO OUR FAMILY

Through the years, our staff has been dedicated to meeting and exceeding our goal of providing uncompromising quality care to our residents and their loved ones. Many of our staff members have been here long enough to consider the facility as home. You can count on us being here for you for as long as you require, no matter what your need or care might be.

————— *Thank you* —————

Please contact us regarding any questions about our facility or to set up a tour.

Trail Lake

NURSING & REHABILITATION

www.TrailLakeNursing.com

7100 Trail Lake Drive, Fort Worth, TX 76123

PHONE: (817) 263-2224 **FAX:** (817) 263-2220

EMAIL: info@traillakenursing.com

Office hours are Monday - Friday from 8 a.m. to 5 p.m.

We also conduct tours on evenings and weekends.

*Trail Lake Nursing & Rehabilitation is licensed and certified by
The Texas Department of Aging and Disability Services.*



Trail Lake
NURSING & REHABILITATION

Caring for the
mind, body & soul.

ABOUT US



WE CARE

exceptional service that covers more than basic needs

Here at Trail Lake Nursing & Rehabilitation, we offer a living alternative for those unable to care for themselves, and a wide array of nursing and rehabilitation services for short- and long-term stays. Our staff is committed to providing exceptional care for your family. From the admission of the first resident seeking help many years ago to today, our philosophy has always been and remains that living and rehabilitation must include caring for the mind, body and soul. When you can't live or recover in your own home, we invite you to ours.

OUR SERVICES

DINING & DIETARY

Quality and Appetizing Meals

Full-time Dietary Manager oversees all aspects of daily dining service and food preparation

Registered Dietitian Consultant

Separate independent & assisted dining available

HEALTH & WELLNESS

24-Hour Nursing Care

Full-time Certified Activity Director

Full Service Salon

Electronic Medical Records

Medical Director & Pharmacy Consultant

Pharmacy, Podiatry & Dental Services

Hospice & Palliative Care Services

Trac Care

EXPECT MORE

many options to keep you sharp, healthy and happy

RECOVERY & REHABILITATION

Rapid Recovery Therapy Program

Physical, Occupational, Speech and Respiratory Therapy

Restorative Therapeutic Program

IV Therapy

Wound Management

FAQ

Do you provide transportation?

Transportation is available for medical appointments. Family members are encouraged to meet us at the doctor's office when possible.

Do you offer private rooms?

Yes, we offer private and semi-private rooms.

What forms of payment does the facility accept?

The facility accepts Medicaid, Medicare, and private pay. The facility will also bill third party insurance.

Do you have a beauty shop?

Yes, we have a full service salon and our beautician is in the facility on scheduled days each week. Services are provided for a fee.

Do you provide Hospice care?

We have contacts with several Hospice providers in the area so your loved one is provided with end-of-life choices and support.

What is your policy regarding visiting hours?

Family members can visit any time as long as visitation in a resident's room does not interfere with the roommate's schedule or privacy.

Do you provide counseling for residents?

We have a social worker who provides ongoing emotional support and crisis intervention. Outside consultants are available to provide individual psychotherapy, as well as psychiatric evaluations and treatment.

Do you offer exercise classes?

Our restorative therapy program provides one-on-one range of motion, strengthening, and ambulation workouts throughout the day.

What type of activities do you offer?

Our full-time activity director schedules a variety of activities including gardening, music programs, arts and crafts, games, cooking, and religious services that provide the residents with opportunities to socialize, learn, be creative, and interact with staff, family, and volunteers.

How does the facility staff?

The facility staffs above state mandated levels and based upon the level of care needed for our residents. The facility performs a thorough background check on all employees.

Do you have internet access?

Wireless internet access is available in the building for residents.